



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



PARTICIPANT'S GUIDE

global meeting

**health and
well-being
of education
personnel**

**santé et
bien-être
du personnel de
l'éducation**

**salud y
bienestar
del personal de la
educación**



Global meeting:

" Tackling challenges and sharing solutions for the health and well-being of education staff "

Saturday, July 27, 2024

Sheraton Buenos Aires Hotel & Convention Center



Education International
Internationale de l'Education
Internacional de la Educaci3n
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



GRUPE vyv

Contents

<u>I.</u>	MEETING PLACE.....	3
<u>II.</u>	EVENT PRESENTATION	4
<u>III.</u>	PROGRAM	5
<u>IV.</u>	SPEAKERS.....	6
<u>V.</u>	SOLUTIONS FORUM	8
<u>VI.</u>	ABOUT US	12



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



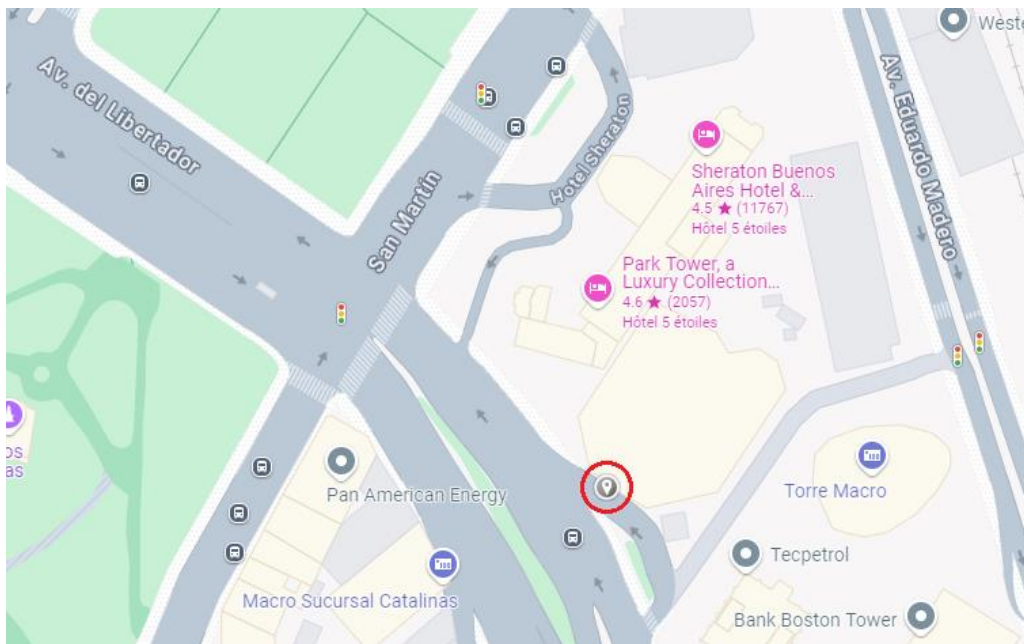
GRUPE vyv

I. MEETING PLACE

The entire event will take place at the **Salon Retiro** in the Sheraton Buenos Aires Convention Center, located at the following address: **Avenida Alem 1181, Buenos Aires**.

Access is direct from the Convention Center. Go up to the first floor to reach the Retiro Salon.

Location of the Sheraton Buenos Aires Hotel & Convention Center (**red circle**):



Entrance to the Sheraton Buenos Aires Hotel & Convention Center:





Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



GRUPE vyv

II. EVENT PRESENTATION

Every four years, the Education and Solidarity Network (ESN) organizes its General Assembly as part of the World Congress of Education International (EI) and provides an opportunity for sharing and collective intelligence around the promotion of health and well-being in educational communities.

For this 10th edition of the Congress, on the theme "Growing our unions, elevating our professions, defending democracy", the founders of ESN (EI and MGEN) have joined forces, in collaboration with the UNESCO Chair Global Health & Education, to organize an international meeting entitled **"Tackling challenges and sharing solutions for the health and well-being of education staff "**.

Convinced that the health and well-being of teachers is fundamental to the future of education, as they educate the next generation, this event will bring together a diversity of organizations with different statutes, modes of operation and objectives: education unions, health mutuels, cooperatives, youth associations, research centers, academics and individuals, but who share common values and who will have this space for exchange in favor of promoting the health and well-being of education staff.

The program has been designed around the results of the 2^e edition of the [International Barometer of Health and Wellbeing of Education Staff \(I-BEST\)](#), a survey conducted in 2023 among more than 26,000 teachers and educational support staff in 11 territories on four continents.

The plenary session will offer an overview of the state of health and well-being of education staff worldwide, through work and examples of initiatives or public policies that will be presented by a panel of international experts.

It will be followed by a Solutions Forum, organized in conjunction with the meeting of the Comité syndical francophone de l'éducation et de la formation (CSFEF). Around a dozen simultaneous collective intelligence workshops, participants will be able to share experiences and draw inspiration from each other, by tackling the issues facing educational staff and devising solutions to address them.

This work will be the subject of recommendations to be shared with participants, ESN members and partners in autumn 2024.

The event is free of charge, and interpretation in French, English and Spanish will be available on site and online.

[Click here to follow the event remotely](#)



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



GRUPE vyv

III. PROGRAM

1:30-2:00pm: Reception of participants in the Retiro Salon

2:00-2:15pm: Opening of the meeting

- Matthias Savignac, President of MGEN and Education and Solidarity Network
- David Edwards, General Secretary of Education International

2:15pm-3:45pm: Plenary session

What do we know about the health and well-being of education personnel worldwide? What data is available and what research has been carried out on the subject? International experts will present their work and examples of initiatives and public policies to promote the health and well-being of education staff.

- Daniel Gollan, Doctor and Argentine politician, former Minister of Health
- Didier Jourdan, Chair Holder of the UNESCO Chair Global Health & Education and Head of the WHO Collaborating Center for Research in Education & Health
- Juan José Guilarte, Senior Advisor for Workers' Activities (ACTRAV), International Labour Organization (ILO) Subregional Office for the Southern Cone of Latin America
- Morgane Richard, Manager of the Education and Solidarity Network, Deputy Manager of Partnerships and International Cooperation at MGEN
- Discussion and testimonials from the floor

2:45-4:00pm: Coffee break and welcome of CSFEF participants

4:00-5:40pm: Solutions Forum

Simultaneous workshops, based on the results of the I-BEST 2023 survey, to enable experience sharing and mutual inspiration, identifying issues and solutions on the themes detailed on page 8.

5:40-6:00pm: Conclusion

- Wrap-up: Didier Jourdan, Chair Holder of the UNESCO Chair Global Health & Education and Head of the WHO Collaborating Center for Research in Education & Health
- Acknowledgements and closing: Matthias Savignac, President of MGEN and ESN

6:30-9:30 pm: General Assembly of the Education and Solidarity Network



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



mgen
GRUPE vyv

IV. SPEAKERS



David EDWARDS

David Edwards, PhD is General Secretary of Education International, the voice of teachers and other education employees around the world. Through its 386 member organizations, Education International represents over 32.5 million teachers and education support personnel in 178 countries.

Dr Edwards leads the organization since 2018, after seven years as Deputy General Secretary directing education policy, advocacy, research and communications.

Prior to joining Education International, Dr Edwards was an Associate Director at the National Education Association of the United States. He has worked as an Education Specialist at the Organization of American States and began his career as a public high school teacher.



Daniel GOLLAN

Daniel Gollan is an Argentine doctor and politician. From 2008 to 2010, he was Deputy Director of the Administración Nacional de Medicamentos, Alimentos y Tecnología Médica (ANMAT). Prior to this, he held several positions within the government of the province of Buenos Aires. In 2010, he was appointed National Director of Technical Analysis and Narcotrafficking Control, which he left in July 2014 to become

Secretary of Community Health. From 2015, he became Minister of Health in Argentina, and then Minister of Health for the province of Buenos Aires in December 2019. He is currently a deputy in Argentina's Chamber of Deputies.



Juan José GUILARTE

Juan José Guilarte is Senior Advisor for Workers' Activities at the International Labor Organization's (ILO) Subregional Office for the Southern Cone of Latin America.

The Bureau for Workers' Activities (ACTRAV) is the main link between the International Labour Organization (ILO) and the world of work, via one of its key players, the trade unions.



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



mgen
GRUPE VYV



Didier JOURDAN

Professor Didier Jourdan holds the UNESCO Chair and WHO Collaborating Centre for Global Health & Education, and is a specialist in prevention and health promotion. He was Chairman of the Prevention, Health Education and Health Promotion Commission of the Haut Conseil de la Santé Publique (French High Council for Public Health) and Director of Prevention at the national agency Santé Publique France. A specialist in school health issues, he plays an active role in international collaborations focusing on research and intervention in these fields. In this capacity, he collaborates with Education International and the Education and Solidarity Network. He is the author of numerous books and articles. See his personal website <https://didier-jourdan.com/fr/> and the UNESCO Chair website <https://chaireunesco-es.org/>



Morgane RICHARD

Morgane Richard is manager of the Education Solidarity Network and deputy head of partnerships for MGEN, the leading health mutual for public service employees in France. Specialized in strategy and management in the public sector and the solidarity and social economy, she has worked for international educational, scientific and economic cooperation networks. She also has an experience of social entrepreneurship in the field of third places and professional inclusion. Since April 2023, she has been an expert member of the Board of Directors of the University Sorbonne Nouvelle - Paris 3.



Matthias SAVIGNAC

Matthias Savignac has been Chairman of MGEN Group since July 8, 2021, Deputy Vice-Chairman of VYV Group and Chairman of VYV Invest. He began his career as a school teacher specializing in priority areas in Grenoble. An MGEN activist since 2007 in Isère, he became National Administrator of the MGEN Group in 2011, then Managing Administrator in charge of international issues in 2013. He then joined the mutual's National Board in 2015, before being elected Vice-Chairman of the MGEN Group in 2019.

Matthias Savignac has also chaired the Education and Solidarity Network since 2015.



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



Driss TOUIL (moderator)

Driss Touil is the manager of MGEN partnerships and international cooperation since March 2020.

After studying business law and Corporate Social Responsibility, he began his professional career in 2021 with the SNCF Group, where he held the position of Public Affairs Manager. He also piloted the program to combat sexist

harassment in the transport sector and was a member of the interministerial working group to combat violence against women.

A specialist in engagement policies and the world of associations, he has sat on the boards of several associations involved in the inclusion sector, and has implemented a new strategy around partnerships, philanthropy and international cooperation for MGEN.

V. SOLUTIONS FORUM

The Solutions Forum offers a space for discussion and sharing of initiatives and best practices to improve the health and well-being of education staff, in the form of group workshops.

Below is a **list of workshops** and their corresponding numbers. We suggest that you select the two or three workshops that most interest you, in case one of them is already full. Please remember the workshop number, so that you can easily find the corresponding table (the floor plan will be posted in the room).

For technical reasons, participation in the forum will unfortunately not be available remotely. Simultaneous interpreting will only be available for two workshops, which will be determined on site according to demand.

We invite you to take an active part in the workshop while respecting everyone's right to speak and the instructions that will be given to you by the facilitator who will guide the discussions.

As part of the event, an "**I-BEST 2023 Posters Awards**" was launched to encourage the sharing of initiatives aimed at improving the health and well-being of educational staff.

Take a look at the initiatives presented and support them by voting via the following link, or on site! <https://www.educationsolidarite.org/en/vote-for-your-favorite-poster/>



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



GRUPE vyv

SOLUTIONS FORUM WORKSHOPS

Promotion of the mental health of education staff

✚ WORKSHOP 1: Preventing stress and regulating negative emotions - Spanish

Facilitator: Patricia Ferrante (FLACSO)

In many areas, the psychological health of educational staff is a cause for concern: they frequently or always experience negative emotions such as anxiety, depression and despair. How can we prevent stress and regulate negative emotions?

✚ WORKSHOP 2: Preventing stress and regulating negative emotions - French

Facilitator: Matthieu Pellard (CSQ)

Testimony: Anne-Marie Bellerose (FIPEQ-CSQ)

In many areas, the psychological health of educational staff is a cause for concern: they frequently or always experience negative emotions such as anxiety, depression and despair. How can we prevent stress and regulate negative emotions?

✚ WORKSHOP 3: Work-life balance - English

Facilitator: Jane Peckham (NASUWT)

Work-life balance is a difficult issue for education staff. How to achieve a better work-life balance? How to avoid unmanageable, high workloads?

A working environment conducive to the well-being of education staff

✚ WORKSHOP 4: The physical workspace and environment - English

Facilitator: Mariela Alderete and Raúl Mercer (FLACSO)

How can the physical workspace increase the well-being of teachers?

✚ WORKSHOP 5: Valuing work and the teaching profession - Spanish

Facilitator: Occupational health team (CTERA)

Testimony: Patricia Redondo (FLACSO)

Many teachers around the world feel that their profession is not appreciated by society. How can we enhance and promote the value of the teaching profession?



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



GRUPE vyv

WORKSHOP 6: Gendered dimensions of health and well-being in education - English

Facilitator: Karina Cimmino and Carlota Ramirez (FLACSO)

Testimony: Clotilde Truffaut (MGEN)

How can we consider that gender affects the health and well-being of teachers, why, and what are the main problems they face in this respect?

Establish a safe and positive school climate for zero tolerance against any form of violence

WORKSHOP 7: Prevention and detection of violence at school - English

Facilitator: Joel Solomon (NEA)

Testimony: Marie Antoinette Corr (GTU)

The proportion of education staff who have been victims of violence at work varies but remains worrying. The proportion of education staff who witness violence is around twice as high as that of staff who are victims. How can we prevent and detect violence at school?

WORKSHOP 8: Prevention and detection of violence at school - Spanish

Facilitator: Estefanía Matas (OPS) y Gabriel Brener (FLACSO)

Testimony: Occupational health team (CTERA)

The proportion of education staff who have been victims of violence at work varies but remains worrying. The proportion of education staff who witness violence is around twice as high as that of staff who are victims. How can we prevent and detect violence at school?

Raising awareness of social protection and health issues

WORKSHOP 9: Developing health education programs for teachers with their participation - Spanish

Facilitator: Fernando Peñaranda (UDEA)

How can educational staff better understand and improve their health? How can the health of educational staff be promoted?



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



GRUPE vyv

WORKSHOP 10: Healthy aging at work - English

Facilitator: MinChien Tsai and Didier Jourdan (UNESCO Chair Global Health & Education)

Testimony: Julieta Oddone (FLACSO)

How can you maintain your health and well-being throughout your working life?

WORKSHOP 11: Teachers' working conditions and occupational health - Spanish

Facilitator: Occupational health team (CTERA)

Testimony: Occupational health team (CTERA)

How can working conditions affect teachers' health? How can we raise awareness of occupational medicine among educational staff?

WORKSHOP 12: The culture of social protection and the challenges of social security - Spanish

Facilitator: Martín Gómez Silva (CEIDS-UNAM)

Testimony: Miguel Ángel Fernández Pastor (CIESS) and Jorge D'Angelo (AMAOTE)

How can we involve teachers in building a culture of universal social protection? How can we disseminate among teachers the values and rights that have as their horizon the recognition of their work, a necessary condition for living in more cohesive societies?

WORKSHOP 13: Access to healthcare and health education - French

Facilitator: Agnès Bikoko and Thomas Mbassi (FECASE Cameroun)

Testimony: Cécile Tshiyombo (SYECO-MESP)

How can we promote health education for education staff? What types of care can they access?



Education International
Internationale de l'Education
Internacional de la Educación
Bildungsinternationale



Education
and Solidarity
Network



UNESCO CHAIR
Global Health
& Education



VI. ABOUT US



The Education and Solidarity Network is an international non-profit association, created in 2009 by the MGEN, Education International, International Association of Mutual Benefit Societies, and with the support of the International Labour Office. This network aims to build bridges between education and health actors, in order to work for the health, well-being and social protection of the education community worldwide.



Education International is the Global Union Federation that brings together organizations of teachers and other education employees from around the world. Through our 383 member organizations, we represent more than 32 million teachers and education support staff in 178 countries and territories.



GRUPE **vyv**

Founded in 1946, MGEN is France's leading mutual insurer for public sector employees, managing health insurance and supplementary health and provident insurance for over 4.2 million people. MGEN also assists its members and their employers with specific health and quality of life issues and working conditions, from the prevention of risks to their physical and mental health, to their care in healthcare establishments.



UNESCO CHAIR
Global Health
& Education

The UNESCO Chair in Health & Education is a global community, a catalyst and a mediator between the academic world, institutions, networks, professionals and local communities. Its ambition is to contribute to doing research and sharing available knowledge on health and education issues, and to support institutions and professionals in their work.



The Comité syndical francophone de l'éducation et de la formation (CSFEF) is the French-speaking component of Education International, bringing together the education unions of the countries of the Francophonie. Its aim is to act as a trade union counterweight to the institutional and governmental Francophonie of the countries of the Organisation Internationale de la Francophonie.

CONTACT: secretariat@educationsolidarite.org