

Health of education personnel:
a major issue

*Santé des personnels de
l'éducation : un enjeu majeur*



#IBEST: International Barometer of Education Staff
*Baromètre international de la santé et du bien-être du
personnel de l'éducation*

OBJECTIVES



1. Gather data on health and well-being and its determinants

Recueillir des données sur la santé et le bien-être et ses déterminants

2. Promote international comparison and cooperation

Promouvoir la comparaison et la coopération internationales

3. Fuel national and international advocacy

Alimenter le plaidoyer national et international

METHODS

An international collaboration based on research-action

Une collaboration internationale basée sur la recherche-action



- ❖ WHO: education personnel
- ❖ WHEN: every 2 years
- ❖ HOW: anonymous online quantitative survey disseminate through local partners

- ❖ QUI : *personnel de l'éducation*
- ❖ QUAND : *tous les 2 ans*
- ❖ COMMENT : *enquête quantitative anonyme et en ligne diffusée à travers des partenaires locaux*

SURVEY'S TOPICS

**An international
collaboration based on
research-action**

***Une collaboration
internationale basée sur la
recherche-action***

- Physical health and well-being / *Santé physique et bien-être*
- Professional life / *Vécu professionnel*
- Working conditions and environment / *Conditions et environnement de travail*
- Occupational health information and support / *Informations et soutiens en matière de santé au travail*
- Experiences in health matters / *Expériences et vécu en matière de santé*
- Focus topic:
 - 2021: Impact of Covid-19 on health / *Impact de la Covid-19 sur la santé*
 - 2023: Impact of digital tools on education / *Impact des outils numériques dans l'éducation*

2021: 1st edition

6 territories
3 continents
≥ 8,000



France

3 646 teachers
71% ♀ • Age ≈ 44 years old
Primary education: 44%
Secondary education: 56%



Quebec

2 349 teachers
79% ♀ • Age ≈ 44 years old
Primary education: 65%
Secondary education: 35%



Belgium*

1 268 teachers
67% ♀ • Age ≈ 43 years old
Primary education: 53%
Secondary education: 47%



Morocco

302 teachers
70% ♀ • Age ≈ 43 years old
Primary education: 40%
Secondary education: 60%



The Gambia

222 teachers
32% ♀ • Age ≈ 34 years old
Primary education: 7%
Secondary education: 93%



Mexico

215 teachers
77% ♀ • Age ≈ 39 years old
Primary education: 85%
Secondary education: 15%



Results are presented according to each country's sample size.

2023: 2nd edition

11 territories
4 continents
≥ 26,200
90% teachers

Number of participants:
26 281

90%
are teachers

72% are women

49% are working
in primary school

Average age:
44 years old



France
10,562 staff
92% teachers
72% ♀ • age ≈ 45 ans
Primary school: 44%



Belgium
1,059 staff
88% teachers
74% ♀ • age ≈ 43 ans
Primary school: 46%



Morocco
875 staff
84% teachers
50% ♀ • age ≈ 44 ans
Primary school: 54%



Spain
3,049 staff
88% teachers
71% ♀ • age ≈ 46 ans
Primary school: 52%



Argentina
2,277 staff
79% teachers
79% ♀ • age ≈ 44 ans
Primary school: 47%



Cameroon
602 staff
72% teachers
54% ♀ • age ≈ 41 ans
Primary school: 54%



United Kingdom
2,572 staff
98% teachers
74% ♀ • age ≈ 41 ans
Primary school: 46%



Quebec
2,124 staff
83% teachers
79% ♀ • age ≈ 45 ans
Primary school: 64%



Japan
561 staff
94% teachers
54% ♀ • age ≈ 43 ans
Primary school: 50%



Switzerland
1,690 staff
94% teachers
70% ♀ • age ≈ 44 ans
Primary school: 52%



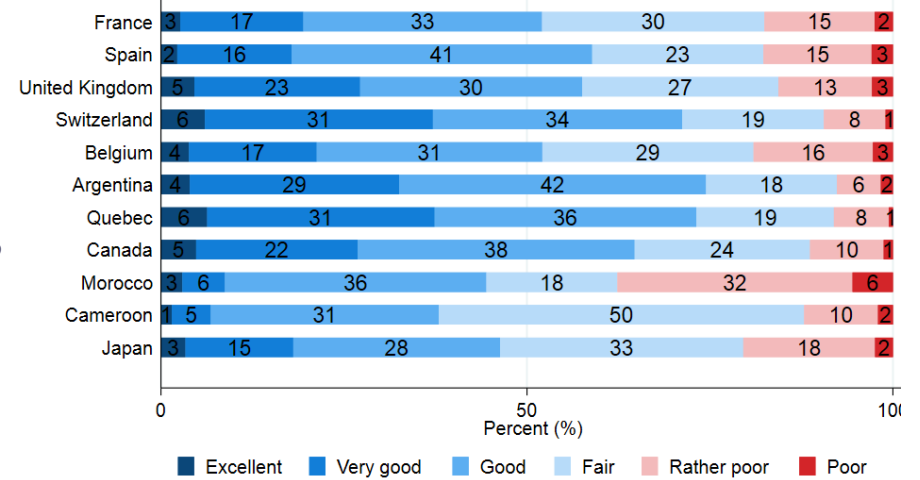
Canada
910 staff
85% teachers
75% ♀ • age ≈ 44 ans
Primary school: 64%

Order of presentation of results according to sample size, by continent and then by territory.

OVERALL WELLBEING

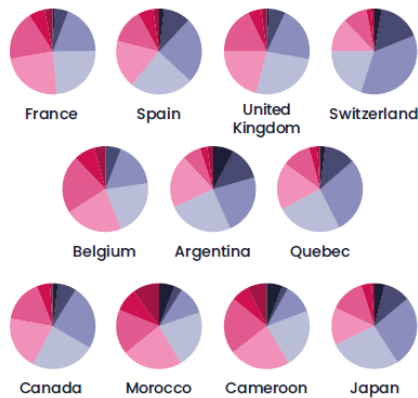
BIEN-ÊTRE GÉNÉRAL

- Health that is holding up
Une santé relativement préservée
How do you rate your health?
Comment évaluez-vous votre santé ?



- Satisfaction with life worrying in some territories
Une qualité de vie préoccupante dans certains pays

"Where do you currently stand on the scale of best to worst possible life?"



Best possible life

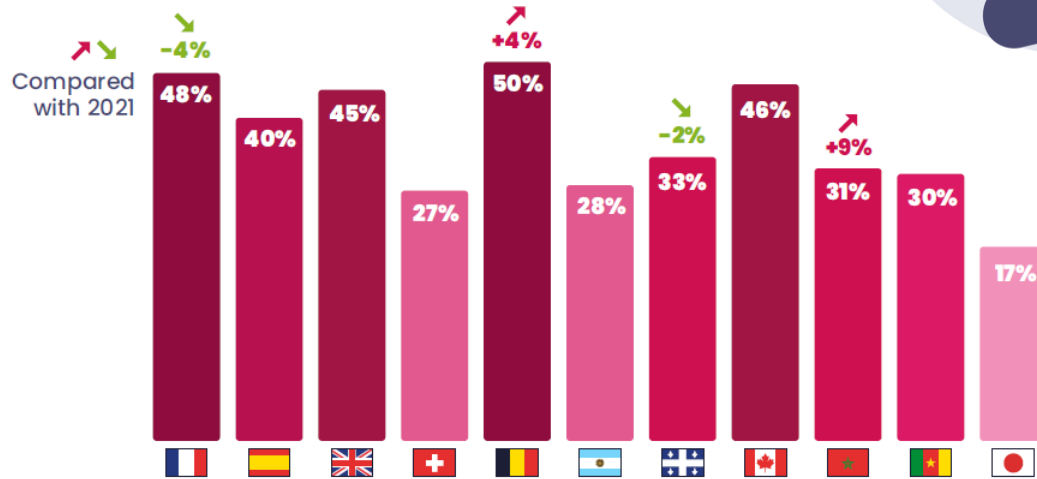
Worst possible life

MENTAL WELLBEING

BIEN-ÊTRE MENTAL

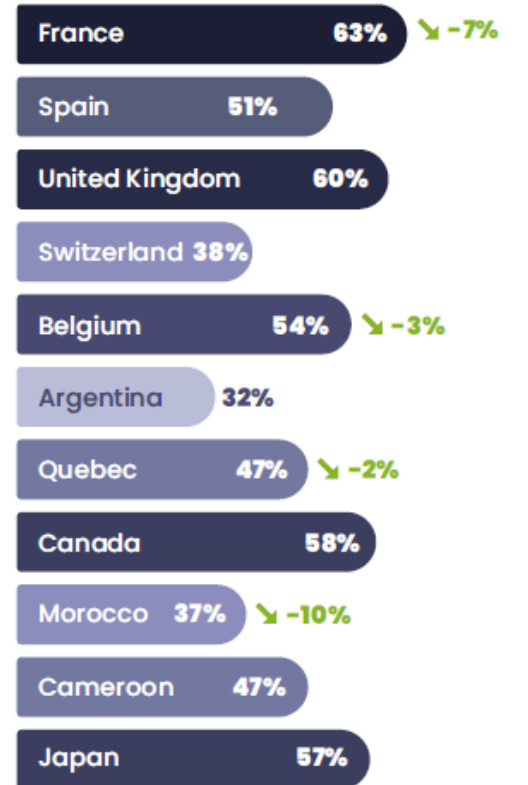
● A worrying state of psychological health in many territories

Percentage of people who (very) often or always experience negative feelings (anxiety, depression, despair, etc.).



● Work/life balance: a difficult balance
Equilibre pro/privé : un équilibre difficile

Rate of dissatisfaction
Taux d'insatisfaction



↗ ↘ Compared with 2021

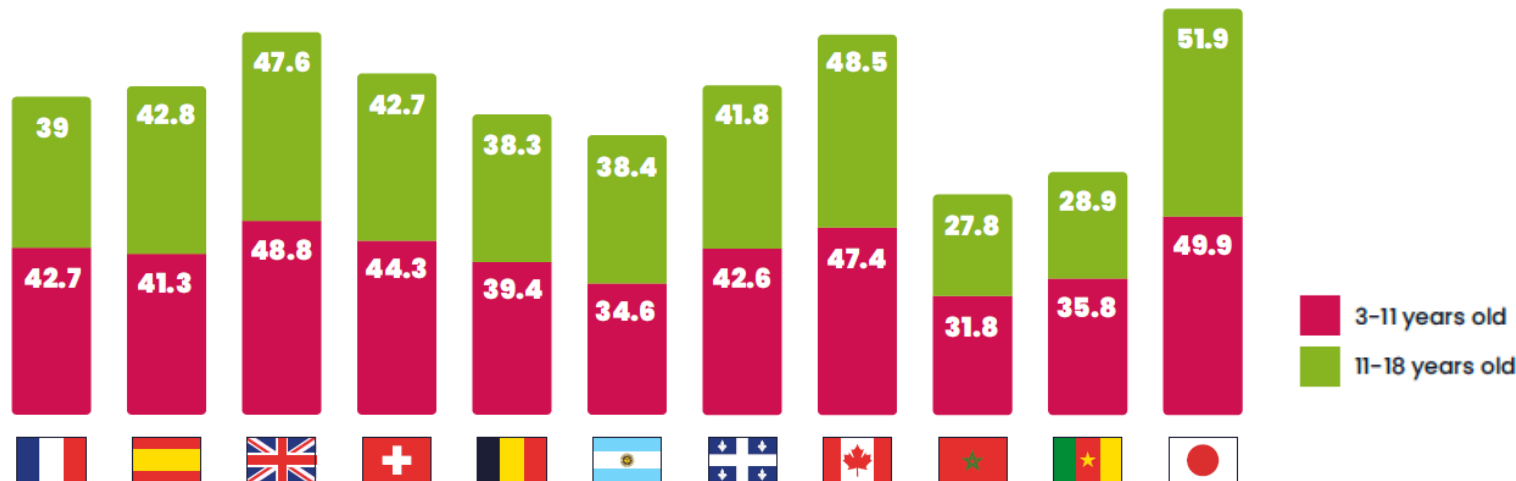
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WELL-BEING AT WORK

BIEN-ÊTRE AU TRAVAIL

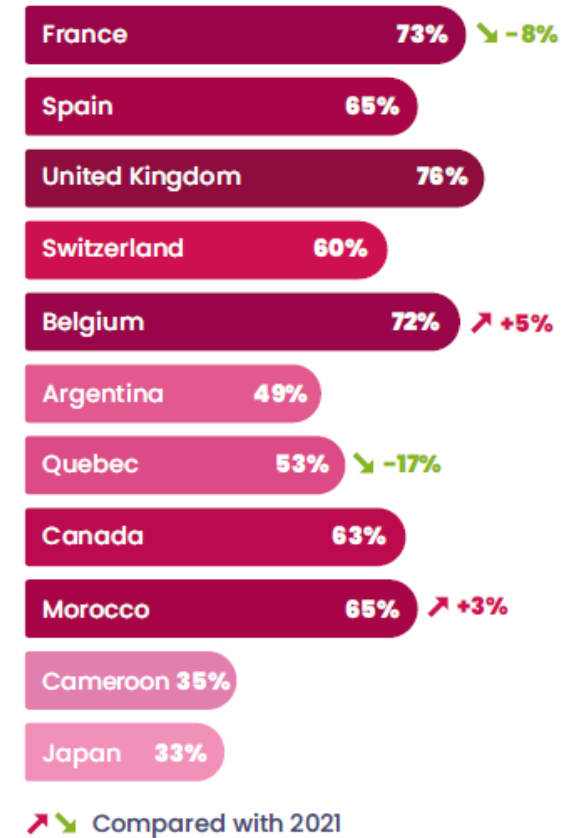
● Une charge de travail importante / A heavy workload

Nombre d'heures de travail effectives par semaine en fonction de l'âge des élèves
Number of actual hours worked per week by pupils age



● Un métier stressant / A stressful profession

Taux d'enseignant-e-s estimant leur travail assez/ très stressant depuis le début de l'année scolaire
Percentage of teachers who consider their work somewhat/ very stressful since the beginning of the school year



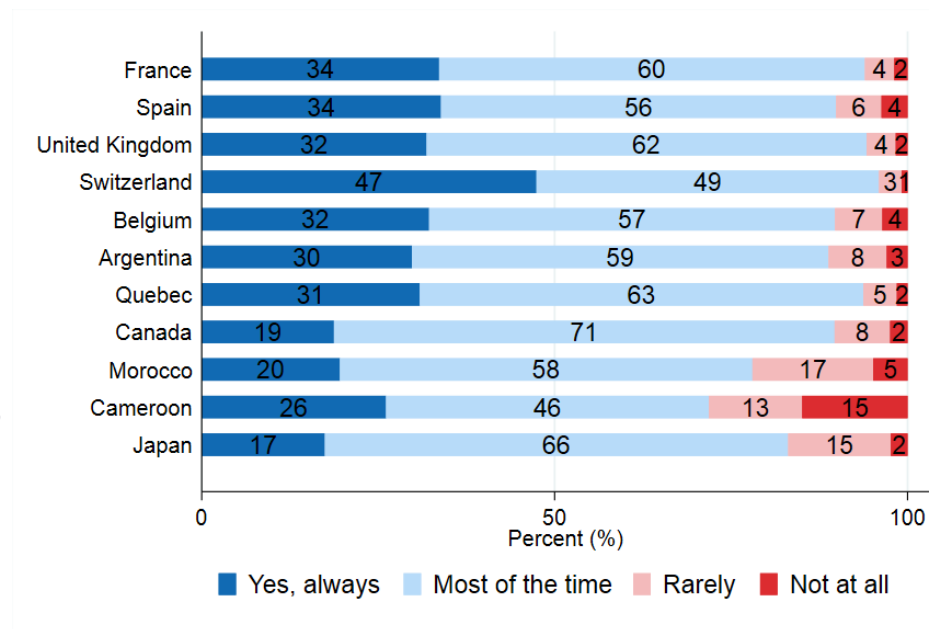
SAFETY AND VIOLENCE AT WORK

SÉCURITÉ ET VIOLENCE AU TRAVAIL

- A fundamental not always guaranteed
Un fondamental non toujours garanti

Do you feel safe at your workplace?

Vous sentez-vous en sécurité au sein de votre établissement ?

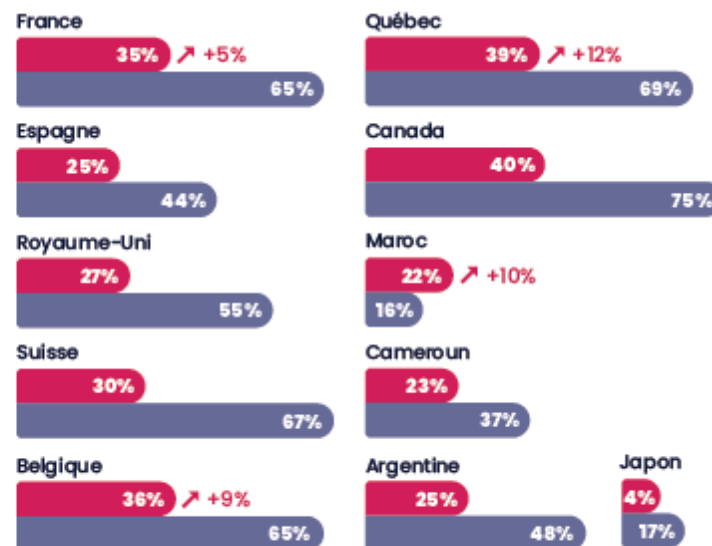


- **Une violence au travail banalisée et en augmentation**

Taux de victime ou témoin de violence (physique ou morale / en ligne) au travail durant les 12 derniers mois.

Victime
Témoin

Par rapport à 2021

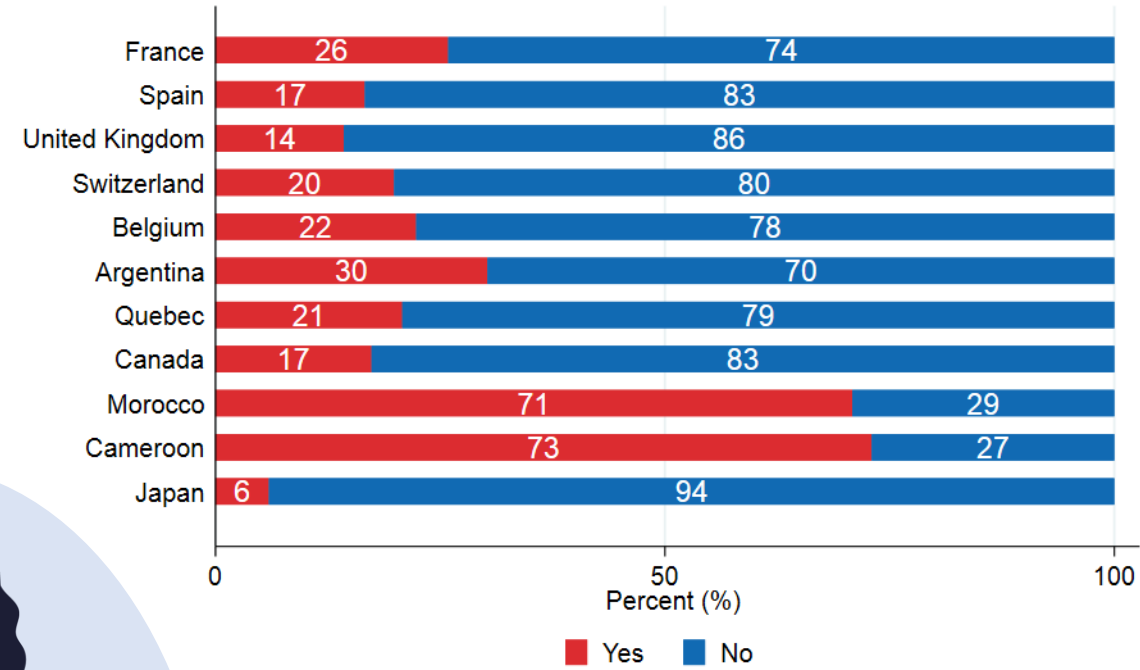
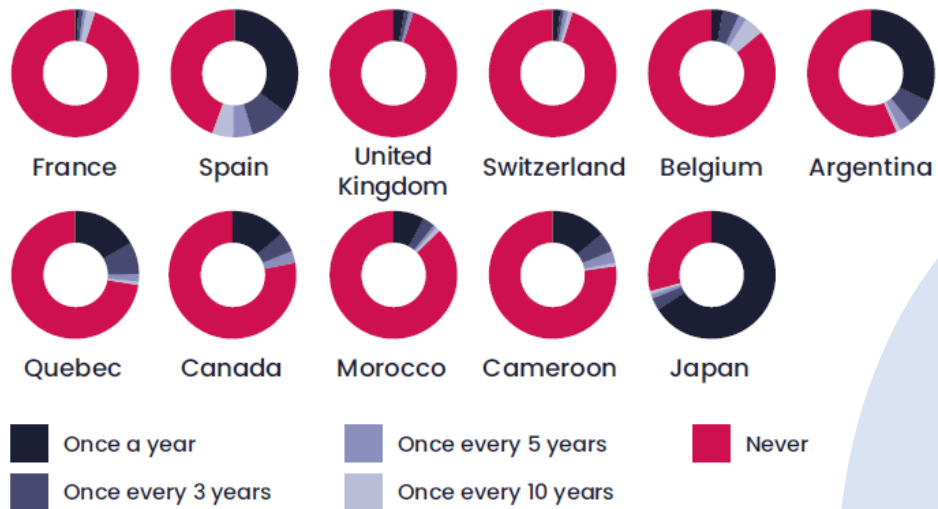


OCCUPATIONAL MEDICINE & HEALTHCARE ACCESS

MÉDECINE DU TRAVAIL ET ACCÈS AUX SOINS

- A virtually non-existent occupational medicine
Une médecine du travail quasi-inexistente

Frequency of appointments with the occupational health service for health checkups
Fréquence des rendez-vous avec la médecine du travail pour un bilan de santé



- A non-optimal healthcare access
Un accès aux soins non optimal

Rate of healthcare forgoing due to financial problems
Taux de renoncement au soin dans l'année pour raison financière

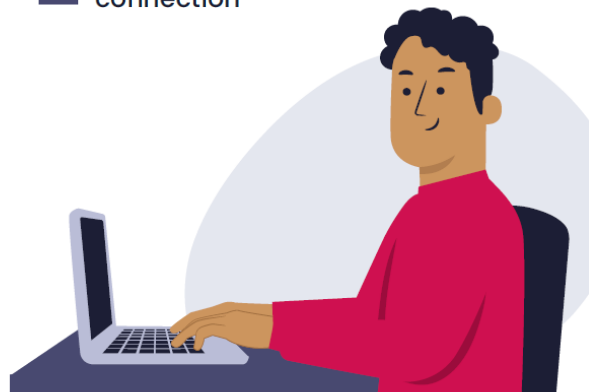
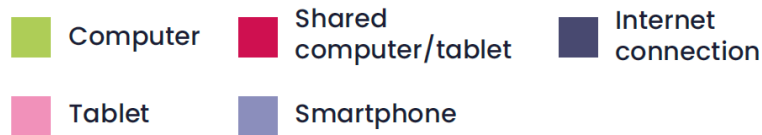
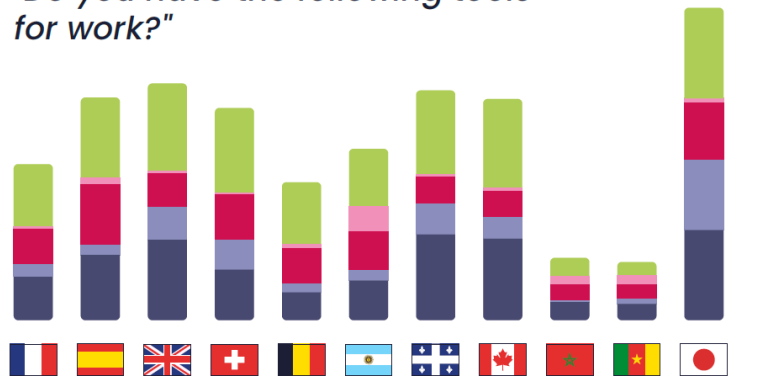


DIGITAL TOOLS

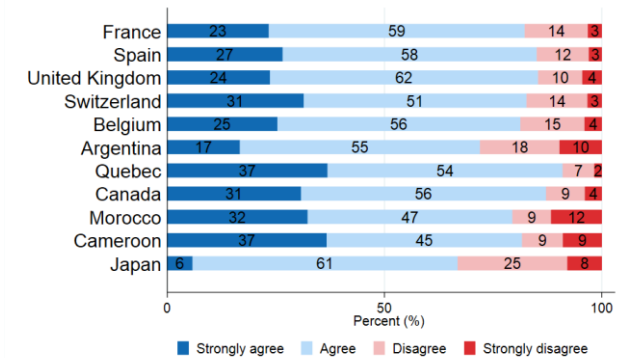
OUTILS NUMÉRIQUES

- Inequalities in professional equipment
Des inégalités dans l'équipement professionnel

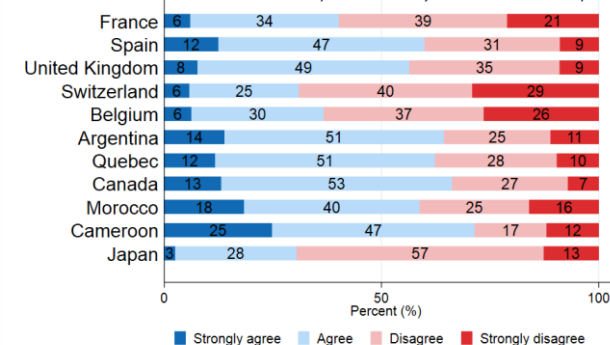
"Do you have the following tools for work?"



- A good adherence, mixed with a hint of ambivalence
Une bonne adhésion, teintée d'une pointe d'ambivalence
Dans mon travail, les outils numériques me facilitent le travail
In my job, digital tools make my work easier



Les outils numériques améliorent les relations avec les élèves/les familles
Digital tools have enabled me to improve my relationships with students/families



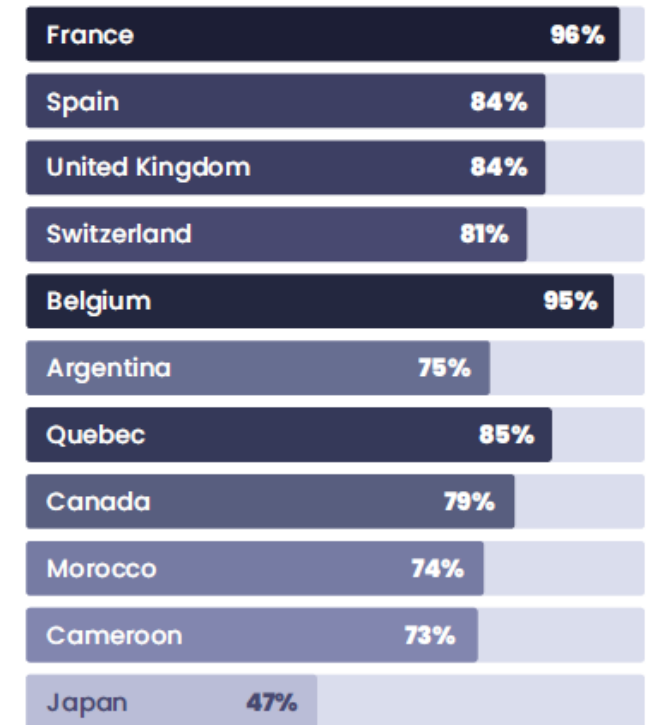
TEACHERS' WELLBEING : OVERVIEW OF 2-YEAR TRENDS

BIEN-ÊTRE DES ENSEIGNANTS : APERÇU DE L'ÉVOLUTION SUR 2 ANS

	France		Québec		Belgium	
	2023 level	2-year trend	2023 level	2-year trend	2023 level	2-year trend
Quality of life	47%	~	66%	~	41%	-10%
General health	82%	~	91%	~	81%	-4%
Depressive symptoms	47%	-4%	35%	~	51%	+5%
Stress at work	72%	-4%	55%	-14%	74%	+6%
Violence at work	34%	~	41%	+14%	36%	+10%
Advantages >> disadvantages	15%	+4%	36%	~	19%	-5%
Career satisfaction	46%	~	66%	-5%	49%	-13%
If I had to do it again...	50%	+10%	58%	+4%	50%	-8%
Work/life balance	37%	+7%	49%	~	44%	~
Recognition school administration	34%	~	67%	-5%	46%	~
Training opportunities	31%	+14%	74%	+5%	52%	+11%
Career development opportunities	17%	+11%	55%	~	35%	+11%
Salary	24%	+11%	55%	-6%	67%	+16%
Information flow	38%	+9%	55%	~	42%	~
Teamwork	68%	~	68%	-7%	49%	~
Commuting time	75%	~	78%	~	60%	-5%

● Social recognition / Valorisation société

Percentage of people who feel that their profession is 'not' or 'not at all' valued in society





Belgique



Espagne



Cameroun



Japon

JTU

Taipei



Suisse



Argentine



Maroc



Canada



Québec



Royaume-Uni



France





Merci !
Thank you!

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